



Oat Waffles

(For 4 - 6 Servings)

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Recipe number: 1202026

Preparation time: 10 min

Cooking time: 20 min

Total time: 30 min

Ingredients

1-1/2 cups all-purpose flour
1 cup quick cooking oats
3 teaspoons baking powder
1/2 teaspoon ground cinnamon
1/4 teaspoon salt
2 large eggs; lightly beaten
1-1/2 cups whole milk
6 tablespoons butter; melted
2 tablespoons brown sugar
1 cup vanilla Greek yogurt
1/2 cup fresh blueberries
1/4 cup pomegranate seeds
1/2 cup fresh strawberries; halved

Directions

1. In a large bowl, combine flour, oats, baking powder, cinnamon and salt; set aside. In a small bowl, whisk eggs, milk, butter and brown sugar. Add to flour mixture; stir until incorporated.
2. Pour batter into a lightly greased waffle iron and cook according to manufacturer's directions.
3. To serve, top with yogurt and fresh fruit.

Suitability for certain nutrition types, diets and intolerances

Suitable for the following nutrition types:

- ✓ Low Carb
- ✓ Ovo-Lacto-Vegetarian
- ✓ Pescetarian
- ✓ Vegetarian

Suitable for the following intolerances:

- ✓ Crustaceans
- ✓ Celery
- ✓ Mustard
- ✓ Sesame
- ✓ Molluscs